



Sisters of Notre Dame  
of the United States

With you on  
the journey

[vocations@sndusa.org](mailto:vocations@sndusa.org)

## Young Adult News May 2023 Edition

### The Month of Our Lady

Our Blessed Mother is such a good example for us of how to come closer to God and live in close union with God. She went about her everyday activities with attentiveness to those around her and saw to their needs. No task was without merit. She could encounter God in the simplest of works from preparing food for her family to tending to Jesus to sweeping the house as we see in this print of "Our Lady of the Broom" by young adult Catholic artist John McCoy. May we like Mary find God in our everyday activities and the people we encounter.



#### **Before Jesus Was His Mother**

by *Alla Renee Bozarth*

Before Jesus  
was his mother.

Before supper  
in the upper room,  
breakfast in the barn.

Before the Passover Feast,  
a feeding trough.  
And here, the altar of Earth,  
fair linens of hay and seed.

Before his cry,  
her cry.  
Before his sweat of blood,  
her bleeding and tears.  
Before his offering,  
hers.

Before the breaking of bread and  
death,  
the breaking of her body in birth.

Before the offering of the cup,  
the offering of her breast.  
Before his blood,  
her blood.  
And by her body and blood alone,  
his body and blood and whole  
human being.

The wise one knelt  
to hear the woman's word in wonder.  
Holding up her sacred child,  
her God in the form of a babe,  
she said: "Receive and let your  
hearts be healed  
and your lives be filled with love,  
for This in my body,  
This is my blood."

~from *Living God's Justice*

## Gospel Reflection

We are including one of Sister Marilyn Marie Ellerbrock's Gospel reflections. Click on the button below to spend time with the Wedding Feast of Cana. It gives new insights into how Mary and Jesus may have responded to the needs of the newly married couple.

Gospel Reflection



Are you wondering about a call to religious life? The Sisters of Notre Dame Vocation Team is working with many women interested in exploring this call and learning more about discernment. If you want to be added to a list of book studies, faith sharing, retreats, and other opportunities for discerners, contact Sister Jenny at [vocations@sndusa.org](mailto:vocations@sndusa.org).

## Spiritual Direction

God continues to speak with us and draw us close. Sometimes it can be helpful to have someone listen with you to what you think God is saying. Each member of team is a trained spiritual director. Reach out to us by clicking on the link below. We would be happy to assist you.

Request to talk with a spiritual director

## Events

Looking forward to your joining us for faith sharing on Friday, May 12 at 8:00pm ET.



# Online Monthly Faith Sharing on the Sunday Gospel

Join us online on the 2nd Friday of the month  
at 8:00pm EDT



For more information or to register, contact Sister Jenny  
at [vocations@sndusa.org](mailto:vocations@sndusa.org)

Monthly Faith Sharing Sign Up

## CALL Young Adult Retreat in California

The retreat begins at 6pm PT on Friday, May 12 and ends by 1pm on Sunday, May 14. All retreatants have their own room with private bath/shower. The cost is \$240 for the retreat. [This is the form](#) to fill out to attend the retreat. Scholarships are available. Payment plans can be set up if you prefer to spread out the cost of the retreat. The retreat is focusing on Encountering Jesus and will include talks, daily Mass, prayer, break periods for people to just hang out and/or sit in silence, read a book, go for a hike, etc., small group sharing, and fellowship.

Consider if God is calling you to this retreat.

*Young Adult Retreat*

LOOKING TO GROW IN FELLOWSHIP WITH OTHER YOUNG ADULTS POST-COLLEGE TO 35+ DESIRING TO GROW IN YOUR RELATIONSHIP WITH CHRIST? EMAIL [ROSIE@CALL-USA.ORG](mailto:ROSIE@CALL-USA.ORG) TO RESERVE YOUR SPOT AT ONE OF THE TWO RETREATS BELOW.

<b>31-02</b>	March/ April 2025	Mater Dolorosa Sierra Madre, CA	+
<b>12-14</b>	May 2025	Mater Dolorosa Sierra Madre, CA	+

How do you help a woman **SHINE**?  
SUPPORT HER. HONOR HER. INSPIRE HER. NURTURE HER. EMPOWER HER.

## SAVE THE DATE

Sisters of Notre Dame Announce Date and Keynote Speaker for 2<sup>nd</sup> Annual SHINE



Are you ready to SHINE? Save the date for the 2nd Annual SHINE Women's Summit happening on Thursday, November 2, 2023. This incredible event brings together women of all faiths and backgrounds together to support, honor, inspire, nurture, and empower one another.

To register for this event, please visit <https://qrc0.de/SHINETIX2023>



## Prayer Requests

Click below and share any prayer intentions you may have with us, so we can pray together.

[Request Prayers](#)

## Vocation / Young Adult Team

Sister Jenny Zimmerman, SND  
Sister Kelley Rush, SND  
Sister Val Roxburgh, SND  
Sister Ruth Lubbers, SND



[Team Bios](#)

Sisters of Notre Dame Vocation and Young Adult Team | [vocations.sndusa.org](https://vocations.sndusa.org)  
[www.sndusa.org](https://www.sndusa.org)

See what's happening on our social sites:



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