



Sisters of Notre Dame
of the United States

With you on
the journey

vocations@sndusa.org

Young Adult News March 2023 Edition



Lent 2023 - As we enter into this Lenten season, we have many opportunities in prayer to join ourselves to the passion of our loving Jesus. This past Sunday evening Sister Mary Shauna Bankemper, SND and Annie Zaya shared with those on the Zoom call about redemptive suffering and how to invite Jesus into the sufferings that we each endure. The link to their presentation is below. Click on it and scroll down to '2023 Lenten Evening of Reflection. We hope you will have some time to listen and take in the messages for a more enriching Lent for you and those closest to you. If you have further questions and would like to discuss the topic further, please reach out to one of the team members through our team bios below.

[Redemptive Suffering Presentation](#)

National Catholic Sisters Week is celebrated March 8 - 14. During this week we bring to mind women religious who have influenced our lives and express our gratitude to them for the faithfulness of their lives. If you have a sister you would like to share about how she has helped you become the person you are today, send us a message by responding to this e-blast. We would love to hear and share your stories.



CATHOLIC SISTERS WEEK

Discernment

Are you wondering about a call to religious life? The Sisters of Notre Dame Vocation Team is working with many women interested in exploring this call and learning more about discernment. If you want to be added to a list of book studies, faith sharing, retreats, and other opportunities for discerners, contact Sister Jenny at vocations@sndusa.org.

Spiritual Direction

Lent is an excellent time to grow deeper in our relationship with Christ. If you would like to begin in spiritual direction, perhaps one of our team members can be of assistance to you. All of our team members are trained spiritual directors or can connect you with another sister who is. Click the link below to make your request.

[Request to talk with a spiritual director](#)

Events

Upcoming Events



Online Monthly
Faith Sharing
on the
Sunday
Gospel

Join us online on the 2nd Friday of the month
at 8:00pm EDT



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For more information or to register, contact Sister Jenny
at vocations@sndusa.org

Monthly Faith Sharing Sign Up

The Sisters of Notre Dame along with a team of young adults in the Greater Cincinnati area are planning the "Walking Together" Retreat for the weekend after Easter. If you are interested in taking part, please click on the link below the flier or email Sister Ruth at rlubbers@sndusa.org.

Walking Together



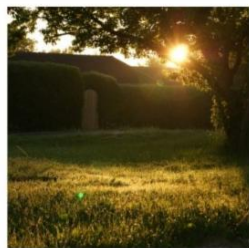
Young Adult Retreat

For those in their
20s & 30s

April 14 - 16, 2023

St. Joseph Heights
Park Hills, KY

Cost \$50
Scholarships available



Join with other
young adults in
exploring your
relationship with
God and the
world

Offered by the Sisters of Notre Dame and
a young adult team.

For more info, contact Sister Ruth at
rlubbers@sndusa.org.

To register - <https://tinyurl.com/Young-Adult-Retreat>



Walking Together Registration



Prayer Requests

Click below and share any prayer intentions you may have with us, so we can pray together.

Request Prayers

Vocation / Young Adult Team

Sister Jenny Zimmerman, SND
Sister Kelley Rush, SND
Sister Val Roxburgh, SND
Sister Ruth Lubbers, SND



[Team Bios](#)

Sisters of Notre Dame Vocation and Young Adult Team | vocations.sndusa.org
www.sndusa.org

See what's happening on our social sites:



Sisters of Notre Dame | 13000 Auburn Road, Chardon, OH 44024

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