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## Young Adult News January 2023 Edition

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**Happy New Year!** Having celebrated the feasts of Jesus' birth, the Holy Family, and Epiphany, may you be ready for the gifts and challenges of this new year! God walks with us every step of the way, leading and guiding us if we are open to the inspiration God shares with us. Is there an invitation in 2023 for you to grow deeper and stronger in your relationship with God through Jesus?

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### Prayer for the New Year

“

Consult not your fears, but your hopes and your dreams.

Think not about your frustrations, but about your unfulfilled potential.

Concern not yourself with what you tried and failed in, but what it is still possible to do.

Now is the time to put aside past and present setbacks and failures and look with confidence to the new day called tomorrow.”

**POPE JOHN XXIII**

womans day

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## Scriptural Reflection

This month we have a Scriptural Reflection on the sinful woman. In praying with her experience of Jesus' merciful forgiveness may you know his forgiveness and love more fully in your own life. Click on the link below to listen to the reflection.

[Scriptural Reflection](#)

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## Spiritual Direction

If it is a deeper relationship with God you are seeking this new year, perhaps one of our team members can be of assistance to you. All of our team members are trained spiritual directors or can connect you with another sister who is. Click the link below to make your request.

[Request to talk with a spiritual director](#)

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## Events

## UPCOMING YOUNG ADULT EVENTS WITH THE SISTERS OF NOTRE DAME

**Online Monthly Friday Faith Sharing**  
Second Friday of the Month 8:00 pm ET

**Online Lenten Reflection: *Redemptive Suffering***  
Sunday, February 26, 2023 7:30 - 9:00pm ET  
with Sister Shauna Bankemper, SND

**Young Adult Silent Retreat**  
March 16 - 18, 2023 at Whitehouse, OH

**Young Adult Retreat**  
April 14 - 16, 2023 in Covington, KY

For information & registration, contact  
Sister Jenny at [vocations@sndusa.org](mailto:vocations@sndusa.org)



### Prayer Requests

What intentions are on your heart that you would like us to join with you in prayer? Click below and share them with us so we can pray together.

[Request Prayers](#)

## Vocation / Young Adult Team

Sister Jenny Zimmerman, SND  
Sister Kelley Rush, SND  
Sister Val Roxburgh, SND  
Sister Ruth Lubbers, SND



[Team Bios](#)

Sisters of Notre Dame Vocation and Young Adult Team | [vocations.sndusa.org](http://vocations.sndusa.org)  
[www.sndusa.org](http://www.sndusa.org)

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